

# A DAY OF DANCE

*at Madrone Yule*



13 DECEMBER, A.S. LX

# ORDER OF INSTRUCTION

11:00

PAVAN *	Arbeau, 1589	Trahaearn
GALLIARD *** ?	Arbeau, 1589	Trahaearn
BRANLE DES LAVANDIERES **	Arbeau, 1589	Trahaearn
BRANLE DES CHEVAULX *	Arbeau, 1589	Trahaearn

12:30

DANSE DE CLEUES ***	Brussels ms, c. 1470	Sara
LADYE LAYTONS MEASURES ** !	Ramsey, c. 1607	Sara
AMOROSO ** ?	Ebreo, c. 1465	Sara
PETIT RIENSE **	Ambrosio, c. 1472	Sara

1:30

BALLO DEL FIORE *** ?	Caroso, 1581	Trahaearn
VILLANELLA **	Caroso, 1581	Sara
LEBENS DISINIENS **	Banys, c. 150	Sara
CHESTNUT **	Playford, 1651	Trahaearn

2:30

WHERLIGIG **** ?	Playford, 1651	Trahaearn
HEARTS EASE *** ?	Playford, 1651	Sara
IF ALL THE WORLD WERE PAPER ***	Playford, 1651	Sara
GATHERING PEASCODS **	Playford, 1651	Trahaearn



## NOTES

These cheat sheets were written to accompany instruction and dancing at Day of Dance at Madrone Yule in Madrone, An Tir, on December 13, AS 60 (2025). They are intended merely to serve as reminders of steps learned in the afternoon's instruction. They are not meant to stand alone!

If you would like full descriptions of any of the dances described herein, visit <http://dayofdance.peterdur.com/> for download links.

Cover art from "How the Noble King Alexander was Poisoned", illustration from a book by Jean Wauquelin, from the *Histoire du Grand Alexandre*. Other art from "Il Ballarino", Marco Fabritio Caroso, Venice, 1581, and "Le Gratie d'Amore", Cesare Negri, Milan, 1602.

# FIRST SET

## PAVAN \*

*Procession of couples*

Pavan sequence forward starting on left (left together, right together, left right left together), then on right. Repeat.

## GALLIARD \*\*\* ?

*Individuals or couples*

Begin standing with left foot behind. Kick left right left right, then jump and land with right foot behind left. Repeat on other side. Improvise.

## BRANLE DES LAVANDIERES \*\* ?

*Line or circle of couples*

Double left, right, left, right. Single left and right, with men shaking fingers and women with hands on hips. Single left and right again, swapping roles. Double left clapping on each count. Double right without claps. Double left with claps. Kick left right left and jump while turning around to left.

## BRANLE DES CHEVAULX \*

*Line of couples*

Take both hands with partner; Double sideways up and back 4 times. Men tap twice with right foot, single right, turn over left shoulder. Women as much, ending with new partner. Bottom man moves to top.

## DANSE DE CLEUES \*\*\*

*Procession of couples*

Reverence, branle, 2 singles, 3 doubles, 2 singles, double back on right. Flowers: Men 2 singles, double back as women do 2 doubles turning in place. Repeat with genders reversed. Interlude: 2 singles, double, desmarche, branle. Hearts: 2 singles diagonally away from partner, double turning in toward partner to end facing down. Repeat to face up. 2 singles, 3 doubles, 2 singles, double back right, branle, reverence.

## LADYE LAYTONS MEASURES \*\* !

*Procession of couples*

T figure: 2 doubles forward; face away; double forward and back; face up. Pull-back car: 2 slow steps and a double back; repeat forward. Doubles to nowhere: Doubles forward, back, forward, back. Slow pavan to nowhere: 2 slow steps and a double forward; repeat back.

## AMOROSO \*\* ?

*Couples as will*

12 Pive. Man: Step left, right. Piva left. Step right, left, right.

Woman: the same to catch up.

Man: Piva left, right, left. Step right.

Woman: the same to catch up.

Man: Step left, right. Piva left. Step right, left, right; face partner.

Both: Riverenza.

Man: Piva left, right, left. Step right. (to rejoin partner; turn to face up)

Woman: Leave, Riverenza, and return as man did.

Repeat the dance, with women doing everything first.

## PETIT RIENSE \*\*

*Triples as will*

Begin with 16 Pive.

1st dancer: 4 Pive; then 2nd: 4 Pive; then 3rd: 4 Pive.

1st dancer: 1 Double; then 2nd; then 3rd.

1st and 2nd Reverence. 2nd and 3rd Reverence. All Reverence.

Double back, forward. Riprese left and right; Double, turning in place.

## SECOND SET

### BALLO DEL FIORE \*\*\* ?

*Dancers scattered around room*

Opening. Only dancers w/flowers: Riverenza, 2 ordinarii circling to left.

Beginning. Only dancers w/flowers: 4 ordinarii to find a partner.

Continenze left and right. Riverenza.

Join hands. 2 ordinarii. 16 scorsi. Face partner; continenze, riverenza.

J Figure (turn left with two ordinarii, then walk 2 ordinarii past partner.

End facing partner). Continenze, riverenza.

Zigzag to partner with 4 ordinarii. Continenze, riverenza while kissing the flower and giving to partner.

Repeat from "beginning", seeking out new partners.

### VILLANELLA \*\*

*Couples*

1. Riverenza, continenze left and right, ordinarii on left and right, continenze left, riprese right and right again.

2. Passeggio: 2 singles left, right; ordinario left. Repeat starting on right. Chorus. Continenza left, 2 riprese right and right, riverenza.

3. Man: Passeggio, crossing to Woman's right side; then both do Chorus.

4. Woman: Passeggio, crossing to Man's right side; then both do Chorus.

5. Both do Passeggio, casting down then casting up; then both do Chorus.

6. Take right hands and trade places doing spezzati left and right, then curl left to face partner with 2 spezzati, take left hands and trade with 2 spezzati, then curl right to face with 2 spezzati; then both do Chorus.

### LEBENS DISINIENS \*\*

*Procession of couples*

A. 2 doblis forward (left, right, left, close; right, left, right, close).

B. Dancer on left does 3 singles forward, turns to face partner while dancer on right does 3 singles back. Then both doblis toward partner, doblis to trade places. Repeat.

C. Single forward and back, turn in place with doblis.

### CHESTNUT \*\*

*Longways for 3 couples*

1. Up a double and back, that again. Fall back from partner, cross over to partner's side, hands around on each side. Repeat to return home.

2. Side left, right. Fall back and cross over, 1<sup>st</sup> couple lead down to bottom, others following. Repeat to return home, 1<sup>st</sup> couple casting up.

3. Arm left, right. Fall back and cross over, half a single hey on each side. Repeat to return home, completing the hey.

### WHERLIGIG \*\*\*\* ?

*Longways for 3 couples*

1. Up a double and back, that again.

2nd couple: go up between 1st couple and cast to place, cross between 1st and cast to partner's place, then down between 3rd and cast to partner's place, cross between 3rd and cast to own place. All cast off from top, 1st couple forming an arch at the bottom and others going through to progress. Repeat this figure until all are in original places.

2. Side left and right.

2nd man turns 1st woman and starts hey with 1st couple ending in original place while 2nd woman does same with 3rd couple, then 2nd man does same with 1st couple while 2nd woman does same with 3rd couple; cast and repeat as before.

3. Arm left and right.

1st and 2nd couple cast to place, then right hand star to place; then 3rd and 2nd couple cast from bottom to place, then star to place; cast and repeat as before.

### HEARTS EASE \*\*\* ?

*Square of 2 couples*

1. Meet a double and back; that again. Fall back from partner, meet, turn corner by right hand. Fall back from corner, meet, turn partner by left.

2. Side partner to left; Side corner to right. Fall back and turn as before.

3. Arm partner to left; Arm corner to right. Fall back and turn as before.

### IF ALL THE WORLD WERE PAPER \*\*\*\*

*Circle of 4 couples*

Verse 1. Doubles in and out, set and turn, all that again.

Chorus 1. Head couples: men trade, women trade, half hey home starting by passing corner to right. Sides as much.

Verse 2. Side, set and turn, all that again.

Chorus 2. Head couples: In with partner, out with corner, around to place, two-handed turn with partner full circle to left. Sides as much.

Verse 3. Arm, set and turn, all that again.

Chorus 3. Head couples: Circular hey with hands starting with left hand to corner. Sides as much.

### GATHERING PEASCODS \*\*

*Circle of couples*

1. 2 doubles to the left, turn single, 2 doubles to right, turn single.

Chorus. Men circle left for 12 counts. Women the same. Men go in and clap, women go in and clap, men go in and don't clap, then turn back to place. Repeat clapping section, with women going first.

2. As in 1, with siding instead of doubles, and women circle first.

3. As in 1, with arming instead of doubles, and men circle first.



## MORE DANCING

If you've enjoyed dancing today and would like to dance again soon, come join one or more of the local monthly dance practices! At dance practices you get to do a variety of English, French, and Italian dances that date from about 1450 to 1651. Dances are selected each evening based on the interests and abilities of those who attend. Newcomers (to the SCA and/or to dancing) are always welcome. Most participants will be in modern clothes and comfortable shoes, but garb is also welcome.

### *First Thursdays in Porte de l'Eau*

Dance practice in the Canton is on the first Thursday of each month from 7 PM to 9 PM. This practice is at Trahaearn and Janelyn's home just south of downtown Kirkland (email [trahaeearn@peterdur.com](mailto:trahaeearn@peterdur.com) for the specific address). Direct buses run here from UW Link station, Bellevue TC, and Redmond TC.

### *Third Mondays in Madrone*

Madrone's dance practice is at the Madrone Baronial Social site at KapKa Cooperative School, 510 N 49th St, Seattle, WA 98103. We dance in the meeting space upstairs from the heavy/rapier practice in the gym from 7 PM to 8:45 PM every third Monday of the month. If you arrive early, note that the door (from N 49th St) is usually locked until 7 PM.

### *Fourth Thursdays in Wyewood*

Wyewood's dance practice takes place at Sara's home in the northwest part of Kent on fourth Thursdays (third Thursday in December 2025) and runs from 7-9 PM. If interested in attending, contact Sara by email ([sbonnevi@wamail.net](mailto:sbonnevi@wamail.net)), and she will send you address, directions, etc.

# MUSIC CREDITS

## PAVAN

*Thoinot Arbeau, Orchesographie, 1589*

## GALLIARD

*Adapted and arranged by Dave Lankford, CC BY*

## BRANLE DES LAVANDIERES

*Jean d'Estrees, Premier livre de danseries, 1559*

## BRANLE DES CHEVAULX

*Arranged by Steven Hendricks, permission granted within the SCA*

## DANSE DE CLEUES

*Arranged by Al Cofrin, CC BY 4.0*

## LADYE LAYTONS MEASURES

*Arranged by Elizabeth Mead, CC*

## AMOROSO

*Arranged by Monica Cellio, CC BY 4.0*

## PETIT RIENSE

*Arranged by Steven Hendricks, CC BY 4.0*

## BALLO DEL FIORE

*Michael Praetorius, Terpsichore, 1612*

## VILLANELLA

*Arranged by Kathy Van Stone, permission granted within the SCA*

## LEBENS DISINIENS

*Arranged by Kathy Van Stone, permission granted within the SCA*

## CHESTNUT

*Arranged by Steven Hendricks, permission granted within the SCA*

## WHERLIGIG

*Arranged by Jay Ter Louw, permission granted within the SCA*

## HEARTS EASE

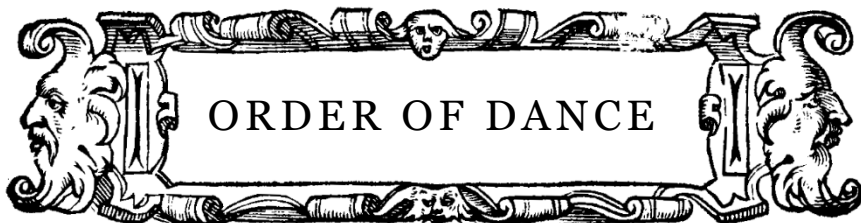
*Arranged by Steven Hendricks, permission granted within the SCA*

## IF ALL THE WORLD WERE PAPER

*Arranged by Monica Cellio, CC BY 4.0*

## GATHERING PEASCODS

*Arranged by Steven Hendricks, permission granted within the SCA*



# ORDER OF DANCE

## *First Set*

PAVAN \*

GALLIARD \*\*\* ?

BRANLE DES LAVANDIERES \*\*

BRANLE DES CHEVAULX \*

DANSE DE CLEUES \*\*\*

LADYE LAYTONS MEASURES \*\*\* !

AMOROSO \*\* ?

PETIT RIENSE \*\*

*Procession of couples*

*Individuals or couples*

*Line or circle of couples*

*Line of couples*

*Procession of couples*

*Procession of couples*

*Couples as will*

*Triples as will*

## *Second Set*

BALLO DEL FIORE \*\*\* ?

VILLANELLA \*\*

LEBENS DISINIENS \*\*

CHESTNUT \*\*

WHERLIG \*\*\*\* ?

HEARTS EASE \*\*\* ?

IF ALL THE WORLD WERE PAPER \*\*\*

GATHERING PEASCODS \*\*

*Dancers scattered around room*

*Couples*

*Procession of couples*

*Longways for 3 couples*

*Longways for 3 couples*

*Square of 2 couples*

*Circle of 4 couples*

*Circle of couples*

\* Simple / \*\* Beginning / \*\*\* Intermediate / \*\*\*\* Advanced

? indicates the dance will be done only if time permits

! indicates dance is being taught for the first time at a Day of Dance